



FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

February 2014

Volume 5 Issue 2



“Planets and cultures are frail things. They do not endure. I cannot promise you that you will make it. I can only provide the knowledge and give you your chance. The rest is up to you.”

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Volume 5 Issue 2 February 2014

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Important Note

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follow. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~oo00oo~

**The
FREE
THETA**

The Members Quarterly Journal of the
Association of professional Independent Scientist

Preserve, Protect & Promote

<http://independent-scientologists-association.net>



reservo, servo, proveho

~ Editorial ~



reservo, servo, proveho

Dear Reader,

A big issue this time.

We feature two articles by Ron, 'Handling Chronic Somatics' and 'Thought, Life and the Material Universe' from the 1950s and just as relevant today as they ever was.

Also a couple of articles , 'What is a Scientologist' which looks at what actually makes up a Scientologist and how this definition is dependent on the original technology rather than a Churches' interpretation. Also using the basics. The first in a series of articles with this one being about the Know to Mystery Scale.

Plus all our usual features.

I look forward to being able to print some 'Letters to the Editor' in future issues. What would YOU like to see in the newsletter?

Until next time.

Michael Moore
Editor
Free Thetan
The Newsletter of the Association of
Professional Independent Scientologists

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make something continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.



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HANDLING CHRONIC SOMATICS

A lecture given on
27 November 1950

Using Standard Procedure This lecture will cover Standard Procedure as illuminated by the development of the Accessibility Chart which was covered in the earlier lectures. This material exactly parallels Standard Procedure as covered in the first Bulletin.

Standard Procedure includes the taking of an inventory. There is a point of accessibility which has to be established in addressing a new preclear. The thing to do is to try to take an inventory, and depending on what kind of an inventory you get, to start in at that

point on the Accessibility Chart which is indicated by your findings on the inventory or during the first few moments of reverie. The Accessibility Chart belongs right above Step Two of Standard Procedure. The first thing an auditor has to do to establish the preclear's position is to find out what his probable sense of reality is by observing his ability to receive communication and send communication to the auditor. There is a considerable ease of communication possible between a person who is not aberrated and a relatively unaberrated auditor.

The person who, when the auditor says "Now, did your mother ever call you 'dear'?" replies "What did you say about my mother drinking beer?" is not necessarily deaf.

This is a person, perhaps, who Hobson-Jobsons all of his words into something else, the person who doesn't get a joke easily, and so on. It is an estimate of his ability to communicate and to tell the truth and of his general reality. It is interesting that these estimates, as rough as they may be, can place the preclear on the Accessibility Chart.

When a person is unable to communicate with you easily and smoothly, with perfect vision and perfect hearing, you had better look for communication interruptions by Straightwire and find out what they are.

If a person's engrams have expressed themselves in terms of physiological defect, they might be said to have expressed themselves less seriously in terms of mental aberration. The person in whom an engram is expressed in terms of a physiological defect is actually fighting back against an engram; he is not obeying an engram as well as he might be. If he obeyed the engram perfectly that had to do with sight, for instance, his actual eyesight

would probably be good but mentally he would not be able to perceive what he was supposed to perceive.

Anybody who is wearing glasses is fighting back an engram that says "I can't see." By wearing glasses he is saying, "Nonsense, of course I can see!" and a fight takes place with the engram saying "You can't see," and the person saying "I can see!" Things start to get blurry, so he hangs glasses on his nose and says, "There, I can see!" For a while he is all right and then the engram cuts in a little bit tougher and says, "You see, I said you couldn't see," and the glasses become too weak.

An ophthalmologist can explain all about how an eye normally deteriorates because of "the neurological decay and deterioration attendant to the stress of modern living and automobile horns," and so on. That is a lot of bunk. What actually takes place is that the "You can't see" engram wins slightly, and then the person gets thicker lenses and for a while he has 20/20 vision. Later the engram again cuts in and the person has to get thicker glasses, and for a while he again has 20/20 vision. That is the way it goes.

Eyesight goes into this so-called dwindling spiral, but "neurological deterioration and decay of the optic nerve" is something you will only find in books on structure, and they are all outmoded now. Anybody who wants to start picking up engrams about his eyesight, for instance, may find that his eyesight starts coming back. Sometimes he will hit right into the center of what is interrupting his eyesight and his eyesight may suddenly come back.

For instance, one very startled psychiatrist in the East got into an engram which had to do with a knitting needle through the left eye, and it was left in restimulation for several days. This psychiatrist went around with a deteriorating optic nerve until he was practically blind in

one eye. In addition to that, the eye ulcerated and suppurated and was in such serious condition that he stayed home from the office.

The Director of Training in Elizabeth went over and worked him for about five hours. He found the rest of this engram and knocked out the chronic somatic (this psychiatrist had always had a very weak left eye). He evidently also pulled up some other engrams which had to do with communication breaks. They simply said "Can't see." Here was a physiological reason why this person could not see: a knitting needle through the eye.

But he also had some engrams which said that he couldn't see. When the psychiatrist was brought back up to present time and the bandage was taken off his eye, there was no ulcer and there was no suppuration! When he put on his glasses, he could not see through one lens. He took that lens out, put the glasses on and he could see. The eye was perfect! It had taken place that fast.

One of the strange things in processing is that a wart or something like that will occasionally disappear within a few days without a scar. What has happened there is that the whole trouble is so thoroughly wrapped up in one engram that the erasure of that engram will permit the body to go into a big resurgence. The speed with which the body can heal varies. I have seen bodies react swiftly and I have seen them react rather slowly.

In the above example, what was suppressing the eyesight and causing the eye to deteriorate was that the person was trying to see and the engram and the injury were saying "You can't see." It was this fight between "I" trying to go on living and the engram which said "You can't have this part of living" that caused a physiological deterioration. People who do not have enough attention units left to say "I want to go on living" do not have any chronic so-

matics either. This has been a matter of grave upset in past schools of mental therapy, because people would notice things like somebody's neurosis suddenly expressing itself in terms of dermatitis. They saw the intimate connection between the neurosis and the dermatitis. The neurosis would disappear and up would come the dermatitis, and then they would get rid of the dermatitis and the person would immediately develop sinusitis.

What they were actually doing was moving the person around on the track and breaking his dramatizations. Broken on one thing, it would reappear back on another. So a person could have a dramatization broken on engram after engram and show up with various chronic somatics one after the other.

Now, the main thing that you would look for would not be indicated by the chronic somatic which you see, such as a pair of glasses on the nose. You are not looking for that specifically. To some slight degree that can be straightwired, but the real one that you are looking for, the tough one, will be the one which is not being fought. It will be in the field of thought and it will not be expressing itself physiologically. However, even a pair of glasses or a bit of bad hearing are things that one would be alert toward.

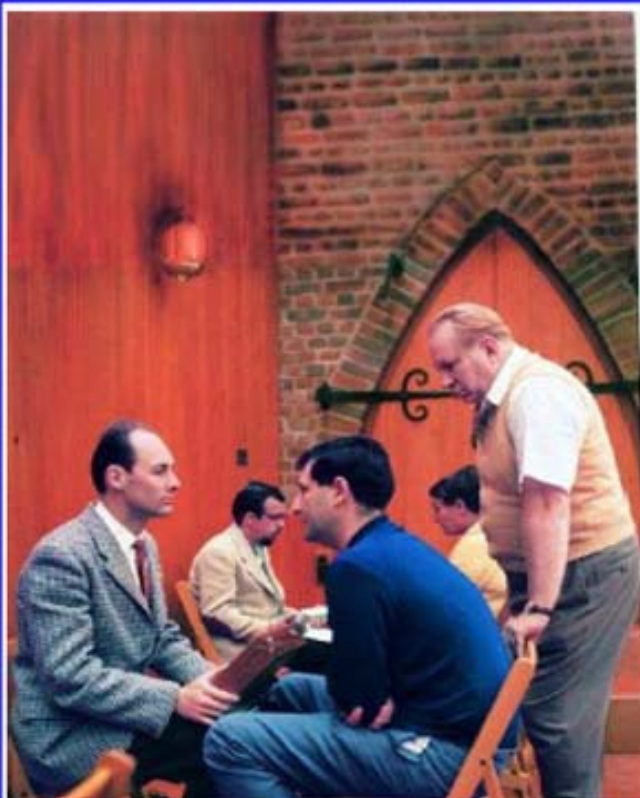
But one would be more alert toward the field of communication: the person who consistently confuses words, consistently mis-hears or consistently mis-sees.

Take a person who walks into an empty room and whirls around suddenly, sure that they saw somebody sitting in the chair. That manifestation says specifically, "You're always seeing things," and so on. Someone who thinks somebody has just walked up behind him would be having a bad time with both communication and reality. A person who has difficulties of this nature, not physiologically expressed diffi-

culties, is particularly the person to whom you would address Straightwire on the field of communication. Communication is a very interesting subject. As you begin your scout for accessibility, look over this communication situation, the general affinity the person has for people and his sense of reality. Sometimes you will find cases which are in beautiful shape to be run, but you should nevertheless put them into reverie and test them out in order to know what the state of the case is. You will not know accurately until you get the person in reverie. There is nothing like an attempt to run down the track to do a diagnosis for you. For example, send a preclear back to yesterday. He sits down at the table eating a steak that he says he had yesterday, except there is no steak and there is no table, and it was last week when he had steak. You say, "Well, let's go back to the time when you were a little boy," and he does that, and there he is watching this little boy, but he is actually plastered on the ceiling and he guesses it's a little boy but he doesn't really know. And then you take him up to the time when Grandpa expired and you detect a little bit of chest motion but he says it never bothered him very much anyhow. In short, as we review this case on the track, we start to pick up very valuable data.

A person who can't move on the track at all, for instance, has had so many attention units robbed from him that "I" is unable to boost itself back up to present time. "I" normally should be able to boost itself out of some very rough engrams. Sometimes the mechanism of the mind is unable to quite make the grade alone and the auditor merely has to say "Come up to present time," and the person comes up to present time after riding back down the track, maybe for some time. That is not general, however. It is more usual, if a person is stuck on the track, to have to go through the several mechanisms necessary to unstick him.

~oo00oo~



Auditing in 2014!

"The main thing to know about stalled cases is that cases get stalled. That is a truism that sometimes misses people. A case can be running along very nicely and suddenly cease running. Many things can happen."
Lecture: 'How to Resolve Stalled cases ' 1950 by LRH

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Is it stalled and not moving?

Have you not gotten the benefits you expected?

Are you not moving on the bridge?

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CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technical-ly qualified people as per the [certification process](#).

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

South East

Karen de la Carriere. Class XII LRH Trained Class XII C/S

Delivers: L's, NOTs, and entire Bridge

Karendelac@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, NOTs, Ls

[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Silvia Llorens

All Standard Bridge

sllorens71@gmail.com

North East. (Will travel)

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken Urquharturq@verizon.net](mailto:KenUrquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~

THOUGHT, LIFE AND THE MATERIAL UNIVERSE

A lecture given on
20 November 1950

This chapter has been assembled from notes taken during the lecture in 1950 and prepared for publication by the Hubbard Research Unit, an organization formed by Ron to help him in expanding Dianetics through new publications and research. Permission was granted by Ron in 1950 to publish these notes, which were later made into the first chapter of Notes on the Lectures of L. Ron Hubbard, where they appear in more condensed form. We have unfortunately been unable to locate any actual recording or full transcript of this lecture.

Two Universes

If we could handle the basic laws of thought we could make man fairly sane, but we are too apt to overshoot the mark. We make things too difficult. Throughout the history of man, in all his various cultures, man has been searching for truth. The ancient Greeks, Babylonians and Hindus, as well as other cultures, each discovered some truths. Put these things together with more recent discoveries about the mind of man and you have Dianetics.

The ancient Greeks even had shock therapy. They used hellebore, an herb which caused convulsions. It changed their patterns but did not break their spines.

To get truth, one must not have emotional attachments to pet theories, nor even to philosophical truths. We sometimes have to change our most cherished philosophies.

In the recent past, investigators have been trying to explain thought in terms of the organism which thinks, and to explain the organism of life in terms of the material universe. They have not succeeded in explaining life in these



terms. We are complete foreigners to this material universe. Darwin gave the most workable theory, yet it is only relatively true.

The creation of life is evidently the impingement of the universe of thought upon the material universe. Thought has as one of its purposes the conquest of the material universe, and this conquest produces life.

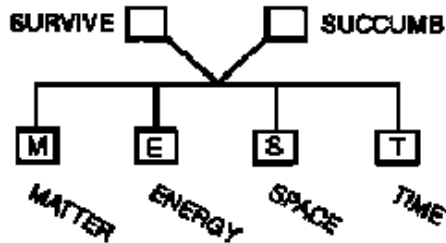
When we examine the ruling principle of the universe, we find that it is a duality that, like the angels, has two faces—survive and succumb.

A constant error has been made in man's reasoning through the ages, in seeking to find a Prime Mover Unmoved. One datum by itself is meaningless. It can only be evaluated by comparing it to another datum of comparable magnitude. The minute you agree that God exists, it becomes necessary to invent the devil.

The basic unit of the universe is two; you can't go to a basic unity of one. So Dianetics does not have only one dynamic principle, it has two: survive and succumb.

The four manifestations of the material universe, or big theta, may be said to be matter,

energy, space and time, or as we abbreviate it, MEST. The apparent material universe is highly speculative in its reality. There are two basic dynamic principles of the universe, and these are survive and succumb.



We don't know much about space. We know that it has three dimensions, although it has been said that there is a fourth dimension. The fact that we postulate the fourth dimension shows that we really don't know much about space.

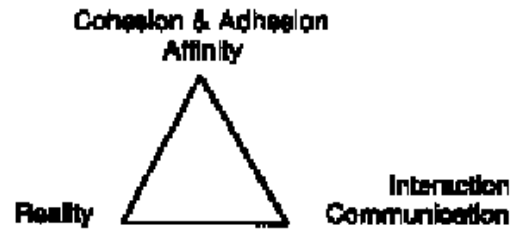
Then there is time. What is it? It is here and it changes. It can be measured by the tick of the clock or the disintegration of the uranium atom. Shakespeare had a lot to say about time. Time is not an absolute; there are no absolutes. There isn't a single absolute truth in science, only relative truth.

Energy in the material universe follows certain laws, such as the law of conservation of energy. Flowing energy has a magnetic field.

There is a certain reality to this material universe. We agree it is there; we perceive it through our various senses. The fact that we agree or perceive that something is there indicates affinity.

Affinity at the level of MEST is cohesion and adhesion—the affinity of the material universe for itself. Matter has a certain perceptic quality about it: Light, for instance, perceives something is there and bends around it. The material universe is in communication with itself and with us;

the ability to perceive the material universe via its various channels of perception, such as sight, sound and smell, is communication.



The universe of thought appears to follow laws similar to, but not the same as, those of MEST. It may be said that there is thought matter (ideas), thought energy, thought space and thought time.

We create thought time and thought space. Thought time, unlike MEST time, changes with the amount that is accomplished. Thought energy also follows different laws—it can even penetrate a lead screen. This universe of thought we shall refer to as little theta.

The unaberrated and creative person is close to the top echelon of little theta, in the highest realm of ideas. But one could be creative in terms of MEST, also. For example, a bricklayer uses energy and matter.

Thought energy and thought matter do not follow the MEST laws. Thought is a kind of energy but it can do things that MEST can't. What is thought doing? Thought doesn't necessarily occupy the same universe as MEST, but a new, unexplored universe. One mission of thought is controlling the universe of MEST, though that may not be all that thought is doing.

When thought controls MEST, thought is surviving. But when MEST controls thought, MEST is surviving. There is a contest between the two. For example, if you get swept to sea by the undertow, energy is in control. If you lose your car keys, space has eaten up the car

keys. If you are late to an appointment, time has defeated you. In each case MEST has won. Thought plus MEST equals life. Death equals life minus thought equals MEST. Thought in its most sentient form is man. A man depends for his survival on his recognition of his brotherhood with the universe of little theta. Life is valuable to life because matter has already been converted to usable forms. MEST is conquered by lower life forms for the survival of higher life forms. Thought takes a little piece of MEST and produces a cell, then it takes that cell to conquer more MEST, producing perhaps a lichen, and so on, through higher and higher forms of life, such as plants and animals, up to man. And each of these forms may use some of those below it in the conquest of MEST. Man has the power of life or death over lower life forms.

It was written in the Middle Ages that angels have two faces, white and black, creation and destruction. One cannot create anything in MEST without destroying something. Some people object to this, and we get such things as super-preserved cockroaches, sacred cows, and so on. How crazy can you get? They have gotten thought confused with big theta. We would starve to death if we couldn't destroy lower life. But you don't destroy men—it doesn't work; it is bad computation. Mankind is now technologically up to the point where it can think of mankind as a whole—his fourth dynamic. Up to this time the races of man each considered any other race as MEST. Man is again becoming a reasonable being. History unfortunately tells us mostly about turbulence and violence, about group engrams. Reason cannot be created or controlled by



Freedom

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

—SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

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"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"

SCIENTOLOGY 8 8008
Lafayette Ron Hubbard

force. Society exists by reason of persuading reason, or agreement between reasonable beings. Force belongs in MEST, not in little theta. Any state which uses force is doomed to failure. All nations which have used force have decayed and died—for example, Greece and Rome.

What is an engram? It is MEST kicking back, or turbulence, turmoil, confusion—thought has momentarily failed. Thought doesn't like to be confused with matter. How does aberration begin? Aberration results from a collision of big theta and little theta, which is an engram, an area of turbulence. In Dianetics we try to straighten out areas of turbulence in thought. In the areas of turbulence, the two kinds of time get mixed up. Little theta time is only now, but some of it gets left back in big theta time by an engram. Keep peeling off pieces of now-time, thought time, and leaving them back in the past and the final result is death. As we become more attached to little theta, freeing it up from MEST, we live.

We have to attack big theta on its own terms. We use thought to attain the use of big theta for our own purposes—that is survival. As soon as you postulate the triangle of affinity, reality and communication on little theta, on thought, you can predict data in the social sciences.

Little theta creates for itself its own future reality. Thought is valued because it gives us the next reality. Reality is man's "blueprint" of what he will do with MEST. When we agree on this blueprint, it becomes reality. When we have disagreement, reality is lowered and destroyed. We can conquer MEST as long as we have agreement.

Communication with all mankind has never been attained. Therefore agreement among all mankind has never before been possible.

~oo00oo~

The Purposes of the Association of Professional Independent Scientologists

Preserve the exact technology and original workable philosophy of Lafayette Ron Hubbard for future use so it is available for all mankind.

Protect the exact technology and original workable philosophy of Lafayette Ron Hubbard so it is not altered, diluted or changed in anyway but remains exactly as Lafayette Ron Hubbard issued it.

Promote the exact technology and original workable philosophy of Lafayette Ron Hubbard so it may be known by all mankind

Join us Today!

<http://independent-scientologists-association.net>

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**



Using the Basics - The Know to Mystery Scale

There are basics in Scientology which are commonly known and used such as the ARC triangle, the Tone Scale, the Eight Dynamics, even the four conditions of existence, but there are others that can often tend to be overlooked.

The Know to Mystery Scale is an example.

How often have you used that basic recently? Spotting someone on the Know to Mystery Scale can be fun as well as informative. As a recap, the Know to Mystery Scale is as follows:

Knowingness
Lookingness
Emotingness
Effortingness
Thinkingness
Symbolizingness
Eatingness
Sexiness
Mystery

In fact it is easy to spot people on the Know to

Mystery scale. By their actions one will know them and this is easy to see.

Some people are stuck in emotion. Everything has to be emotional. Dramatisation is the order of the day. Soapies are a good example of this but you can meet people that cannot get through the day without being emotional about it. Drop a cup or a bottle and an emotional outburst will ensue.

It is interesting to note that Thinkingness is below Effortingness. Some people spend a lot of time thinking and figuring, "Well maybe it's this way and maybe it's that." Speculation and wonder are the order of the day. Many TV documentaries are stuck on this level. They spend the half hour or hour simply asking questions, and providing 'possibilities' rather than answers, "are they really aliens? Or just fakes." That sort of thing. In fact when you look at some of the programs on the TV today, including the media, you can easily spot where they are on the Know to Mystery Scale.

For some people life is a big effort, Effort is needed to get anything done. You have met

those people.

Symbolizingness is another common level. Numbers have Meaning you know. 666 for example, (in fact 666 was never the 'mark of the beast.' The original number was 616 but that did not sound 'significant enough' so it was change in the early centuries) Deep significance is subscribed by some people to various symbols. Eating has a lot of attention these days. What one eats, how one eats. Diets and health of the body form a big attention grabber for many people. Sex. Well we all know about sex. Probably one of the most interesting things about sex is that it is so close to eating that the line between the two blurs Even in the animal and insect kingdoms the distinction between the two can be hard to differentiate.

Below eating and sex of course we have mystery. This is the biggest mystery of all. A person, at this point, has more or less given up.

Life is a big mystery. The Know to Mystery Scale can be laid alongside the Tone Scale. The higher up the Tone Scale a person is the higher they will be found to be on the Know to Mystery Scale. And similarly, because a person may employ say, for example, effort in one area at one time, it does not been that that is their band. It takes effort to chop wood but a would chopper chopping wood is not dramatising effort. He may be USING effort. But how does he operate his life? That will tell you the level or band he is dramatising or is stuck in.

The Know to Mystery Scale is another very useful tool in not just an auditor's tool box but anyone who is interested in life and people.

" ... you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this

condenses and we get thinkingness - you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery. Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinking-ness, you see. And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness. And, now, this is a dwindling spiral. This is the picture of the dwindling spiral and this is the scale. We can recognize this scale today as - in various processes. You might think it merely curiosa at times, but you had certainly better know some of the things you are looking at. It helps you out a lot with a preclear to know what you are looking at. A few auditors have been known to get some results because they knew what they were looking at."

Lecture: Elementary Material: Know to Mystery Scale

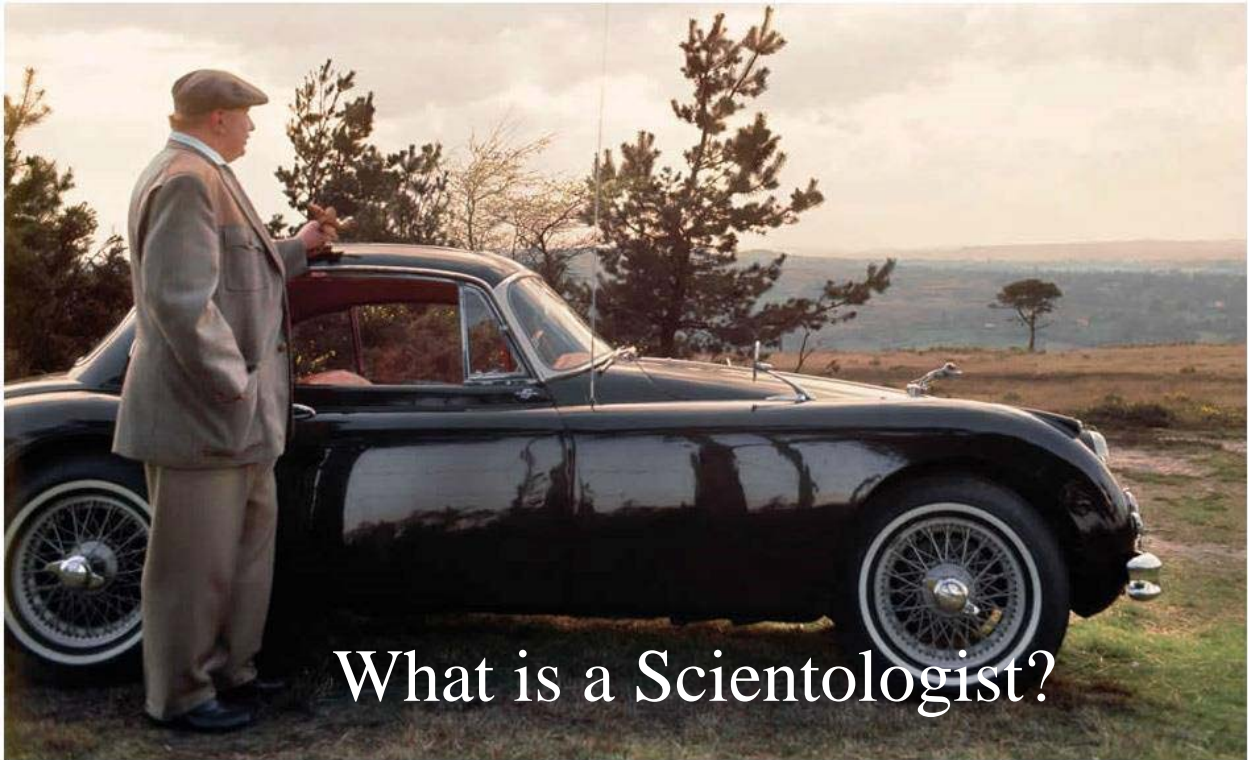
References

Scientology 0-8

Lecture: Elementary Material: Know to Mystery Scale

en.wikipedia.org/wiki/Number_of_the_beast

~oo00oo~



What is a Scientologist?

There has been some discussion over the years regarding the use of the word 'scientologist'

The Religious Technology Center (RTC), holder of various copyrights and trademarks of the Church of Scientology are attempting to monopolize the word and restrict its use to those people whom they consider are in good standing as members of the officially registered Church of Scientology and that anyone who is not considered by that same church as in good standing with them, regardless of the reason why, cannot call themselves a scientologist.

Of course one could ask the question, why would anyone want to call themselves a Scientologist? Perhaps for the same reason that a Christian calls themselves a Christian or a Muslim calls themselves a Muslim or a Hindi calls themselves a Hindi or a Buddhist calls themselves a Buddhist. Because they chose to announce their faith by demonstrating what

they believe in to the world. It requires no copyright, trademark or 'thou shalt not call oneself a scientologist unless we say you can' It has nothing to do with any particular orthodox church. Indeed there are established Jewish people by birth or religion that call themselves Jewish yet are not a member of any orthodox Jewish order. To call oneself an Orthodox Jew may require one to participate in the practices of the orthodox Jewish order. In most of the countries of the world a person is entitled to call themselves whatever they wish in relation to their beliefs.

Now the Scientology Religion has an orthodox, if you will, church. This was set up by L Ron Hubbard, the Founder in order to effectively disseminate the technology and philosophy he developed. He pointed out, on several occasions and in many written issues, that in order to achieve the results of applying the technology he developed, it needs to be understood fully and applied in the exact manner he prescribed. Part of ensuring this was done was

the establishment of a church to act as a custodian for the technology so that it was not altered or perverted resulting in less or no results through misunderstanding and misapplication.

Unfortunately, since the demise of Ron Hubbard, 'changes' to the technology and the application have been made that violate this principle and some of these may be found documented at <http://scientologistsfreezone.com>. At this point perhaps a very brief summary of the structure of the church would be beneficial. The top of the chain is the Church of Spiritual Technology (CST). Contrary to the name this is a privately owned corporation and not a church.

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Agent for Service of Process:

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The CST owns the Religious Technology Center (RTC) which owns some trademarks and copyrights somehow acquired at or around the death of the Founder L. Ron Hubbard. They license these trademarks and copyrights to the Church of Scientology and, if felt so disposed, could rescind this license at anytime. So the Church of Scientology does not actually own the copyrights or trademarks it uses, but pays a private company for the right to use them. This amounts to millions of dollars per year. Being a private company no financial statements or balance sheets are issued by the CST at any time.

What has this to do with the attempt to monopolize the word scientist you might

ask?

There are many people outside of the church who have either been booted out or have no wish to belong to the official church. However that does not immediately mean they are no longer scientologists. Just no longer members of the official church. The two states are not synonymous, or in scientological terms, not an A=A. The definition of a scientologist as per the published works of Ron Hubbard, specifically in the book, "The Dianetics and Scientology Technical Dictionary" by L. Ron Hubbard, published by Author Services, a name by which the RTC goes by, states:

SCIENTOLOGIST

1. one who betteres the conditions of himself and the conditions of others by using Scn technology.
2. one who controls persons, environments and situations. A Scientologist operates within the boundaries of the Auditor's Code and the Code of a Scientologist.
3. one who understands life. His technical skill is devoted to the resolution of the problems of life.
4. a specialist in spiritual and human affairs.

Looking carefully I see that does not mention anywhere in that officially approved definition, that one is obliged to be an officially approved member of the Church of Scientology. The word scientology itself does not mean, that which is owned by the Church of Scientology and that which can only be practiced by the church known as the Church of Scientology. Indeed in that very same dictionary the word is defined as, "a science of life. It is the one thing senior to life because it handles all the factors of life. It contains the data necessary to live as a free being. A reality in Scientology is a reality on life."

And as Ron Hubbard himself pointed out, "I know no man who has any monopoly upon the

wisdom of this universe. It belongs to those who can use it to help themselves and others."

Presuming that the RTC agree with the tenets of Ron Hubbard, who founded the very groups which comprises the Church of Scientology, then the Creed of the Church of Scientology should also should be studiously followed, quote.

"We of the Church believe:

That all men have inalienable rights to their own religious practices and their performance. That all men have inalienable rights to conceive, choose, assist and support their own organizations, churches and governments. And that no agency less than God has the power to suspend or set aside these rights overtly or covertly."

Of course, If the CST, the RTC and the Church of Scientology do not agree with the Creed of the Church of Scientology, or the definition of a scientologist as given in the church official list of definitions, then of course, apart from being a church that does not follow it's own precepts, it can and will, feel justified in actively opposing any group they feel threatens their self imposed monopoly.

But of course no individual has the monopoly on the spiritual freedom of man. Anyone who deigned to consider themselves a god above all man and to maintain a tight grip on the only key to man's spiritual freedom, paid for and released only through exorbitant financial payments, is eventually going to go the way all past religions and organizations have gone which have attempted to monopolize freedom, and will incur the same disgust by man that has been incurred before.

Anyone who has made a serious study of the Koran and believes and follows the traditions of the Moslem faith is entitled to call themselves a Muslim. Anyone who has studiously studied the Bible and believes in Christ and

what he stands for is entitled to call themselves a Christian. Anyone who has similarly made a study of scientology and follows and applies the traditions and practices thereof is also entitled to call themselves a scientologist. None of them are obliged by law to 'belong' to or be subservient to any official church.

Any attempt therefore to reduce ones inalienable right to their religious practice and their performance of scientology would be, at the very least, to any ethical and moral scientologist, a distasteful act, certainly not in the spirit of spiritual freedom which Ron Hubbard intended for the church or even for the spiritual freedom of this planet. There is also the question of course as to whether it is actually legal to do so constitutionally.

The majority of the original scientologists who assisted Ron Hubbard in building up the Church have been ousted since his death. Even his late wife, a tireless supporter and major assistant in developing the technology is persona non gratia. One wonders, if Ron Hubbard were alive now, whether he would be ousted as persona non gratia along with his original adherents.

Fortunately, the Association of Professional Independent Scientologists, along with many other free organizations, are not cowed or bound under the new regime of the official Church of Scientology. They stand upright and practice their right to call themselves whatever they wish. They believe they are entitled to call themselves scientologists. Independent scientologists. In the original meaning of the term, as per the definition cited above. And are proud to do so.

They also believe:

That a scientologist is one who better the conditions of himself and the conditions of others by using scientology technology.

That a scientologist is a person, whether an accepted member of the 'official' church or not, who practices and uses the philosophy and technology of scientology to the best of his or her ability.

That a scientologist is one who understands life. His technical skill is devoted to the resolution of the problems of life.

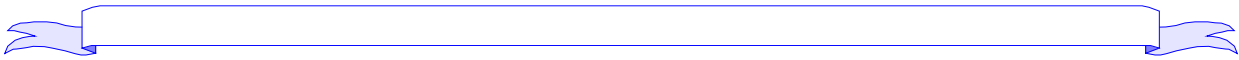
That a scientologist is a specialist in spiritual and human affairs.

And that lastly, a scientologist is not one who lives in fear of 'what the church may do'.

Man's spiritual freedom does not depend upon one man's whim or a private organizations obsession for protecting financially lucrative copyrights and trademarks as being more important that mans spiritual freedom.

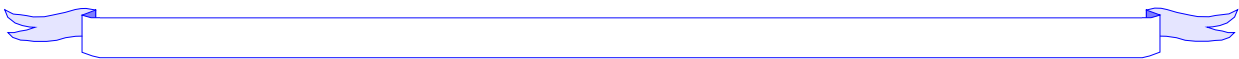
It depends upon that individual who can stand up straight and be the scientologist of which Ron would be proud.

~oo00oo~



**Quote from
L. Ron Hubbard**

*"... your potentialities are a great deal better than anyone ever permitted you to believe."
—SELF ANALYSIS*



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Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

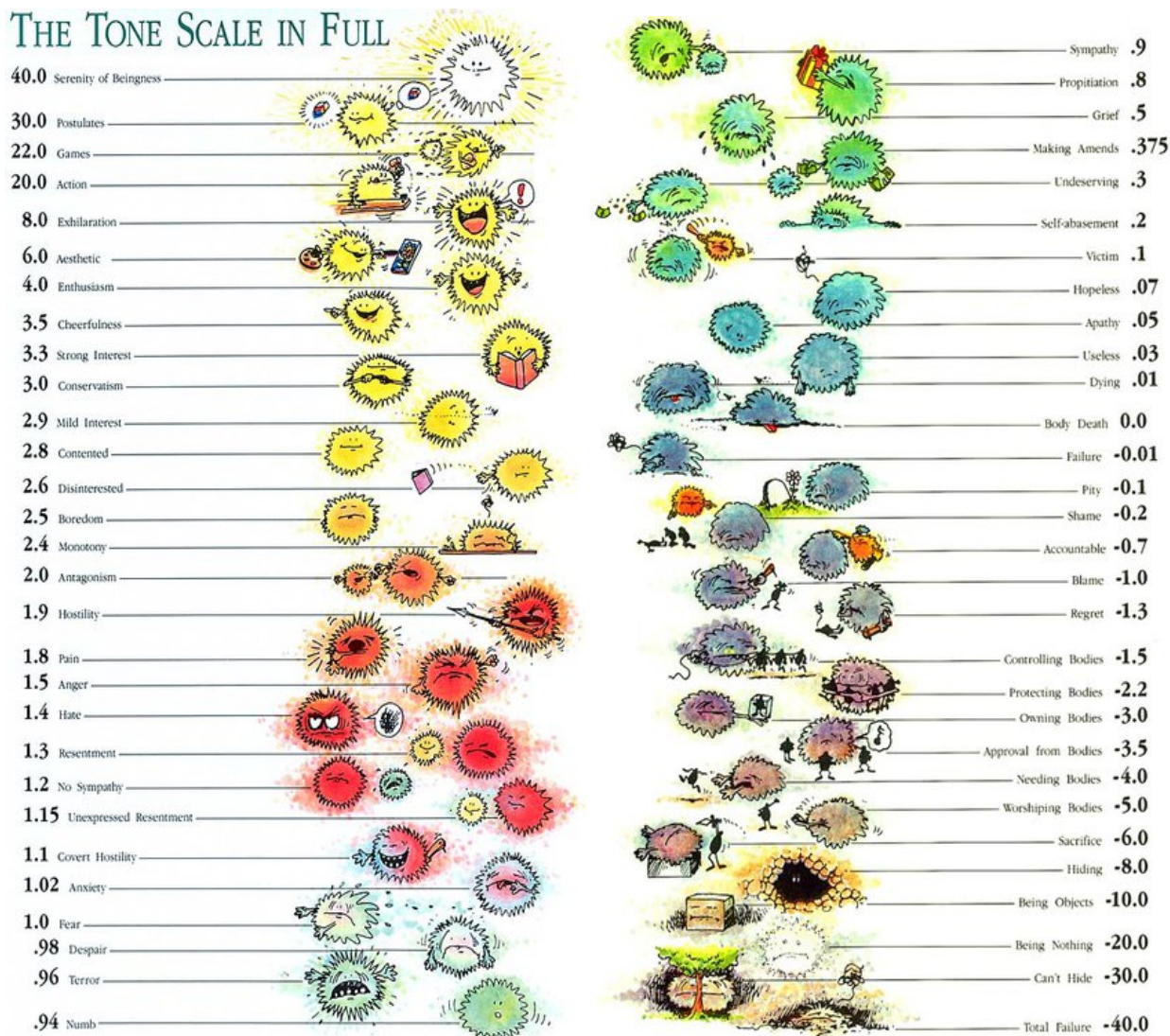
"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo00oo~

The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

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Wins & Gains in the Independent Zone

What I have learned is that cases do not progress beyond their Scientology education level. A case hangs right at the point to which it has been educated in Scientology. Processing gains are parallel to education gains and the two balance.

Rons Journal Dec AD 13

ARC Straightwire

Hi Everyone, ARC Straightwire - Mini Grade. Wow, just finished session with Scott Gordon, and as usual had a big win. I love myself a lot more. Why, always tried to fit in with groups especially when I was younger. So I look back now, what a waste of time and energy. I would much rather have been myself, rather than someone accepted by the group, by mirroring. I did not like myself much back in those days. But now, I love myself a whole lot more. I was and to a point, up until now always looking for acceptance, rather than trusting my gut (being me). I will let myself shine through more. Ok. By the way I am not looking for anyone's approval! LOL Have a Great Day!

Basic Auditing

WOW!!! I did get my first session of Spotting spots in space; Dn 55! AMAZING!!! I get an extraordinaire cog; I realize that is like SOP-8C but of my own universe!! So my Tone fly up and like the SOP-8C and the MEST, I was in very good comm of my own universe!!! I did get and give a lot SOP-8C, study tech like PAB about the SOP-8C and I get the EP of SOP-8C so with the process I did have so much reality

of my own universe, I feel so great. Thank to Mike for the session and for our ARC. My viewpoint completely changes, and improves about my own universe and the MEST of almost everything! I reach so a high Tone, more than tone 40, like tone 400, 4000 and more, infinity!!! As explain in the small booklet "Tone scale and dynamics". And it's only my first session!!! I feel calm and serene!!! WOW! That's my win! LOL Thank you Ron and all my Auditors who did audit me with the Standard way because they all contributed and help me to reach that state. It's so amazing that I do not have the words to communicate it by words. WOW again! LOL I feel great! Sorry for the bad word! LOL It's a big big big state of liberation!

I've been audited on OP-8C from D55 'till the EP. The result was beyond expectations. It blew me away to the point that the slightest doubts I had about my involvement with the Tech simply vanished. Being new to all of this, all the initial momentum of interest took a little effort, but from now on it is a force of its own. My capacity to confront MEST has been unlocked. I was never, in any of my previous considerations, aware of this inability to face with-

out flinching. All it took is a standard tech auditor with lots of ARC and an enormous passion for KSW

Although, understanding the R&W principle, I inquired the ultimate purpose of this process. I was adequately directed to the exact HCOB and perfectly cleared the principle of duplication within that bulletin. Everything came into place and a new world opened. Cognitions

about my general inabilities and broken cycles in life still come up hours after the process. I feel lighter, full, and limpid. Simply writing this is giving me gains. Merci Phil ! Infinite thanks to the Commodore! This is only the start of a great journey and game!

~oo0oo~

Using the Basics

By Michael Moore

There are basics in Scientology which are commonly known and used such as the ARC triangle, the Tone Scale, the Eight Dynamics, even the four conditions of existence, but there are others that can often tend to be overlooked.

The Know to Mystery Scale is an example. How often have you used that basic recently? Spotting someone on the Know to Mystery Scale can be fun as well as informative.

As a recap, the Know to Mystery Scale is as follows:

Knowingness

Lookingness

Emotingness

Effortingness

Thinkingness

Symbolizingness

Eatingness

Sexiness

Mystery

(Know to Mystery Scale 1953 – Scientology 0-8)

In fact it is easy to spot people on the Know to Mystery scale. By their actions one will know them and this is easy to see.

Some people are stuck in emotion. Everything has to be emotional. Dramatisation is the order of the day. Soapies are a good example of this

but you can meet people that cannot get through the day without being emotional about it.

Drop a cup or a bottle and an emotional outburst will ensue.

It is interesting to note that Thinkingness is below Effortingness. Some people spend a lot of time thinking and figuring, “Well maybe its this way and maybe its that.” Speculation and wonder are the order of the day. Many TV documentaries are stuck on this level. They spend the half hour or hour simply asking questions, and providing ‘possibilities’ rather than answers, “are they really aliens? Or just fakes,” That sort of thing. In fact when you look at some of the programs on the TV today, including the media, you can easily spot where they are on the Know to Mystery Scale.

For some people life is a big effort, Effort is needed to get anything done. You have met those people.

Symbolizingness is another common level. Numbers have Meaning you know. 666 for example, (in fact 666 was never the ‘mark of the beast. The original number was 616 but that did not sound ‘significant enough so it was change in the early centuries) Deep significance is subscribed by some people to various symbols.

Eating has a lot of attention these days. What one eats, how one eats. Diets and health of the body form a big attention grabber for many people.

Sex. Well we all know about sex. Probably one of the most interesting things about sex is

that it is so close to eating that the line between the two blurs. Even in the animal and insect kingdoms the distinction between the two can be hard to differentiate.

Below eating and sex of course we have mystery. This is the biggest mystery of all. A person, at this point, has more or less given up. Life is a big mystery.

The Know to Mystery Scale can be laid alongside the Tone Scale. The higher up the Tone Scale a person is the higher they will be found to be on the Know to Mystery Scale. And similarly, because a person may employ say, for example, effort in one area at one time, it does not mean that that is their band. It takes effort to chop wood but a wood chopper chopping wood is not dramatizing effort. He may be USING effort. But how does he operate his life? That will tell you the level or band he is dramatizing or is stuck in.

The Know to Mystery Scale is another very useful tool in not just an auditor's tool box but anyone who is interested in life and people.

"...you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at.

And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness - you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

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And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

And, now, this is a dwindling spiral. This is the picture of the dwindling spiral and this is the scale. We can recognize this scale today as - in various processes. You might think it merely curiosa at times, but you had certainly better know some of the things you are looking at. It helps you out a lot with a preclear to know what you are looking at. A few auditors have been known to get some results because they knew what they were looking at."
Lecture: Elementary Material: Know to Mystery Scale

References

Scientology 0-8

Lecture: Elementary Material: Know to Mystery Scale

http://en.wikipedia.org/wiki/Number_of_the_beast

~oo00oo~



Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

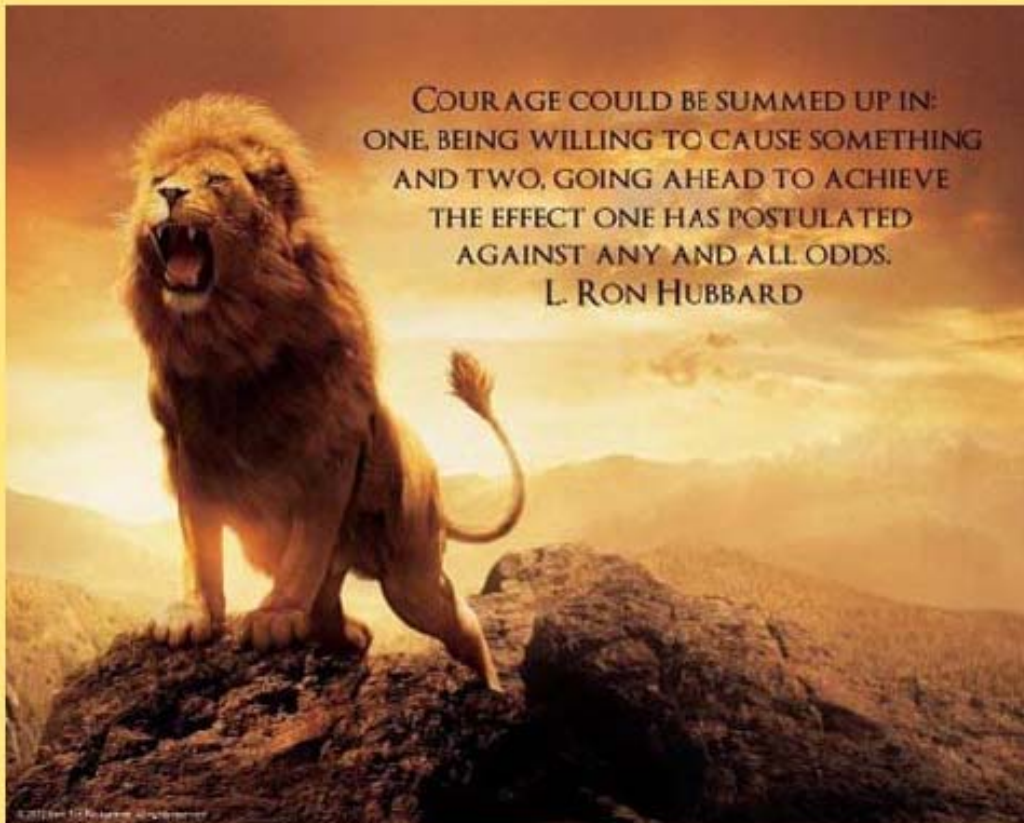
If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."

~oo00oo~



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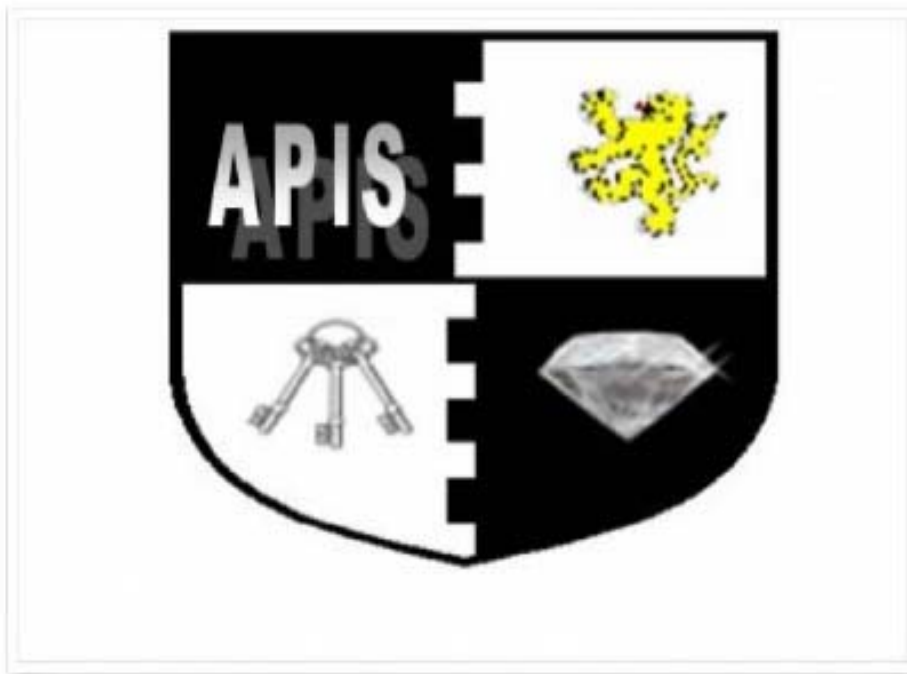
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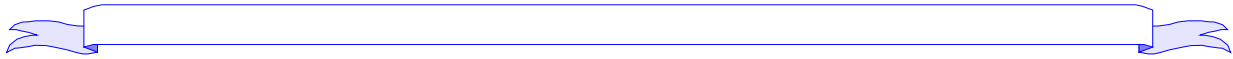
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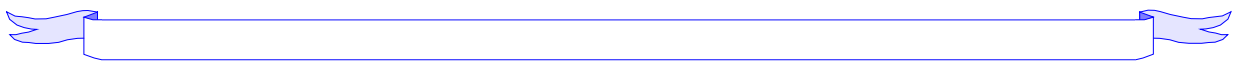


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**Quote from
L. Ron Hubbard**

No man is happy without a goal, and no man can be happy without faith in his own ability to reach that goal.



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